Dear Parents/Guardians,

This letter is designed to inform you about some of the arrangements for the 2014 swimming carnival, to seek your support in the trial process and to gather information about your child’s swimming ability and desire to compete in a variety of events to be held on the day.

**Swimming Trials Term 4 2013**

Swimming trials are held annually to determine those students who will compete in the Championship events and those to compete in grade (Year level) events on the day of the carnival. These trials are held at specially designated times normally in the second/or third last week of Term 4. Children are able to trial for freestyle, breaststroke, backstroke and butterfly.

This year swimming trials will be held for ALL Year 5 students (2014) and new Year 3 & 4 students (2014) as part of the Orientation process.

Trials will be held as follows:
**Date:** 14 November 2013  
**Time:** 11:00am – 12:30pm  
**Venue:** College Pool on the Secondary campus

In the event of wet weather or if a student misses trials for any other reason trials will be held on:

- Current Students  Monday 2 December 2013  1:50pm – 3:15pm
- New Students   Thursday 30 January 2014  11:00am – 12:00pm

In order to assist us in preparing more effectively for these trials and to best meet the needs of all students we ask that you complete the section at the end of this note regarding the events in which you believe your child can safely trial. Your child does not need to be an ‘expert’ swimmer to trial, just competent in the stroke and safe in deep water.

Trials will be held in the College Pool on the secondary campus, which is 33m long and a depth of 1.2 metres (shallow end) and 2+m in the deep end.

We are also seeking parent helpers for the trials and the day of the carnival. Parent helpers will be asked to participate in trials as a timekeeper, recorder, marshal or starter. No special skills are required for most roles just a willingness to help out. However, if you have expertise in any of the fore mentioned jobs please indicate this on the attached note. Parent helpers are asked to come to the pool about 10 minutes before the time for their child’s session.

**Preparing Your Child for Trials**

**Clothing:** Children should come to school in their school sports uniform, including hat.

**What to bring:** Current students should wear College swim wear, Cap, Rash Shirt & Swimming Hoodie (optional)

- One-piece costume for girls
- Race style costume for boys
- Rash shirt
- Swimming Cap
- Goggles

- Towel
- Sandals, crocs or thongs
- Sunscreen
- Underwear

The College swimming attire, along with the colour house swimming caps are available for purchase from the uniform shop.
Swimming Caps: These can be tricky things for children. Please ensure your child is able to put on their swimming cap independently. This may require some practice sessions at home.

Movement of students to the Senior Campus: Students will be escorted to and from trials by their class teachers or another member of the Del Monte Staff via the overhead bridge.

Events: Discuss with your child the events you have nominated for them to swim so they are prepared for their session.

The Swimming Carnival Day – Advance Notice

When: February 2014 (Date to be confirmed later in 2013)

Venue: Santa Sabina College Pool

Times:
- 8.45am: Students meet in their classroom as normal. Please be on time.
- 9.00am: Walk to SSC Pool
- 9.15am: First Event
- Lunch
- Carnival continues
- Day concludes

Events: Students will participate in a variety of novelty and traditional swimming events.

Students Dismissal: There are 3 options regarding the dismissal of children.
1. Parents may collect their child from the pool at the end of the carnival. In this event parents MUST mark their child off with their normal class teacher before leaving the pool.
2. Parent may nominate, in writing, another child’s parent to collect their child from the pool. In this event parents MUST mark the child they collect off with that child’s normal class teacher before leaving the pool.
3. Students will return to school to be dismissed in the normal way.

Additional details about the carnival will appear in the Veritas Voice prior to the carnival. The program will be posted on SSConnect a week or so prior to the carnival. Your attention to information about the carnival would be appreciated.

Lisa Filby
Physical Education Teacher
SSC - Del Monte Campus
Santa Sabina College
Primary Swimming Carnival
Time Trial Information
All Year 5 & New Students (2014)

Please return this note to your child’s class teacher or FAX to the Del Monte Office on 9745 7701 or scan and email to f.antoniou@ssc.nsw.edu.au by 17 October 2013

I grant permission for _________________________________________________ Yr ____________ to attend the following school activity.

NAME OF ACTIVITY: Santa Sabina College – Primary School Carnival Trials
LOCATION: Santa Sabina Pool – Secondary Campus
DATE: 14 November 2013 WET WEATHER DATE: 2 December 2013 or 30 January 2014
TIME: 11:00am – 12:30pm
TRANSPORT ARRANGEMENT: Children will be escorted to and from the secondary campus by their class teacher or other suitably qualified member of staff via the overhead bridge.
SPECIAL INFORMATION: This activity involves children in water-based activities, specifically swimming.

EVENTS:
• All children will have an opportunity to participate in the following events. 33m Freestyle, Breaststroke, Backstroke and Butterfly.
• Those children who are not yet competent to swim in the above events will be involved in skill development activities.

Please indicate (tick) the events you feel are most suited to your child’s current swimming ability. Keep in mind that children do not need to be ‘experts’ in the various strokes just competent and safe in deep water.

33m Freestyle ☐ 33m Breaststroke ☐
33m Backstroke ☐ 33m Butterfly ☐
Learn to swim only ☐

I/We understand
• the nature of the event involves water activities and can be dangerous
• the events in which my child will trial will be based on the event information ticked above

____________________________________________________  ___________________________
Parents / Guardians Signature                Date
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Parent Help Request Form

Mr/Mrs ____________________________________ mother/father of ____________________________ _________ in Year _________ (2014) would be happy to assist at the (please tick below)

☐ Swimming Carnival Trials in 2013        ☐ 2014 Del Monte Primary School Swimming Carnival

Special Skills (Please tick)  Timekeeper ☐ Marshal ☐ Starter ☐

Thank you
Lisa Filby
Physical Education Teacher