Dear Parents & Students,

The Santa Sabina College Gymnastics Club, established in 1999, will continue to operate in 2014. The Club will operate each term with students registering on a per semester basis. Gymnasts at the school will have the opportunity to stand for selection in the school gymnastics team to compete in the CGSSSA Championships in June 2014. Following are some details about the Club that may assist students and their parents. No experience is required to join the gymnastics club; beginners are very welcome.

**TRAINING:** Training sessions will be for 2-3 hours, possibly more for higher levels, and will be held on Saturdays between 1:00 – 5:00pm at the Five Dock Leisure Centre, Five Dock or other suitable & local venues. The exact time for training will be determined once registrations have been taken and numbers are confirmed. Gymnasts are expected to attend all training sessions and to be on time as warm up and regular practices are very important for the safe development of skills.

**TRAINING DATES & ATTENDANCE:** Dates may vary slightly depending upon venue availability. Notification will be given via email of any changes.

On the rare occasions that a student is unable to attend training their parent/guardian should email [s.wells@ssc.nsw.edu.au](mailto:s.wells@ssc.nsw.edu.au) as early as possible.

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**ATTIRE:** Gymnasts should wear black bike pants/black leggings and College sports shirt or black leotard. College track suit can be worn for warm up and training in cool weather. Hair is to be tied in and NO jewellery is to be worn to training as this can create a safety risk for the gymnasts and coaches.

**COMMUNICATION:** Our main form of communication with the students and their parents is email. Information will also be provided via the coaches, Veritas Voice, Internal On-Line Learning & Administration Portal, sports notice board and student messages. Please ensure you regularly attend to these to ensure you are well informed regarding Softball 2014. The Veritas Voice and morning messages are also published online.

**CONTACT DETAILS:** To facilitate the smooth running of the school sports program, the safe participation of students and in some cases the registration of teams or individuals, contact information including, but not restricted to, the mobile numbers, email addresses and residential address (residential addresses are used for registration purposes ONLY if required by an Association) for students and their parents/guardian as well as students’ DOB may be provided to Sports Associations, coaches, managers, staff, parents and students. The information on record at the College is the default information used by the Sports Department. If you wish alternate details to be used for Sport please email these details to the Sports Staff member named at the end of this Contract.
COMPETITION: The College will be entering a team in the CGSSSA Championships in 2014 and we would hope that members of the club would stand for selection to compete in this competition. If trials are required for the school team the date(s) of the trials will be announced in 2014.

CONTRACTS: Students must complete and return their Gymnastics Contract to the Sports Department no later than Monday 11 November 2013.

Once a contract has been received fees will be charged.

FEES: Gymnastics Club membership will be no more than $255.00 for the semester (Two Terms). This includes coaching and access to the facilities at the Five Dock Leisure Centre, entry to the CGSSSA Championships and use of a school leotard for competition, if selected to compete. This fee will appear on your next school fee account and is NON REFUNDABLE.

If you have any further inquiries please do not hesitate to contact me at the College.

Miss Sue Wells
Director of Sport
Phone: 9745 0221
Email: s.wells@ssc.nsw.edu.au
Contracts Due: Students must complete and return their Gymnastics Contract to the Sports Department no later than Monday 11 November 2013.

STUDENT NAME: ____________________________________________________________

YEAR GROUP (2014): (e.g. Yr 7) _________ D.O.B: ______________________

CONTACT DETAILS: Contact details as previously provided to the College will be used unless alternate contact details are provided. (See the attached Contract for details about how to provide alternate details if required)

RELEVANT HEALTH INFORMATION:
_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________
_______________________________________________________________________________________

GYMNASTICS HISTORY: (Please Tick appropriate box and add additional information if needed)

• Member of the Santa Sabina Gym Club in 2013 Level: ________
• Trained in 2013 at a club outside Santa Sabina Level: ________
• Trained prior to 2013 Level: ________
• No previous training experience

We understand and agree to meet the commitment being made in participating in the Santa Sabina Gymnastics Club and acknowledge that
• sporting activities are dangerous and may result in personal injury, disability, illness or death and resultant economic loss or property damage and that the named student participates in sporting activities voluntarily and at her own risk
• a NON-REFUNDABLE fee of no more than $255.00 will be added to the next Fee Instalment in 2014.
• the contact information previously provided to the College may be made available to Sports Associations, staff, coaches, managers, parents and students as needed to facilitate the smooth running of the school sports program.

SIGNED:  
Student: ________________________________ Date: __________________

Parent: ________________________________ Date: __________________